

March 12, 2004

*Andy has the ability to keep the attention of high school students and teach them life lessons about what is really important and how to keep stress to a minimum. Students leave his presentation feeling motivated and empowered to tackle life. Throughout the entire conference, he makes an effort to meet as many students as possible and takes a real interest in who they are and where they are from. He even incorporates this information into his presentation. He brought enthusiasm and professionalism to our conference and made the day more enjoyable.*

**Shannon Griffin, Adult Coord., Suffolk County NY Youth Leadership Conference.**

November 30, 2004

*I cannot imagine telling you how you could improve....you are able to do things on the fly when necessary - always the consummate professional. It is not just what you do on the stage that impresses the participants (teachers and students alike) it is how you engage the students between formal sessions as well. You are always available, personable and approachable. The students leave the conference wanting to "be you". I cannot think of a better role model.*

**Carolyn Branhart, New Brunswick Provincial Leadership Conference Coordinator. Teacher at Fredericton HS**

# Andy Thibodeau

## IMPACT! Presentations for youth leadership conferences

### ANDY'S BACKGROUND

- HS Student Council President, football and track athlete, class valedictorian, and top graduate of '89. Under his guidance, his school was crowned Canada's most spirited high school of 1989 in the MOGA (Most Outrageous Group Activity).
- Dean's Honour List graduate in history from King's College at the University of Western Ontario in 1993. He was an orientation week leader for 3 years, acting as the coordinator in '92, and was named most spirited male graduate of 1993.
- In 2005 his high school, Laurier in London, Ontario, named him the "Inspiring Excellence" award winner as its most outstanding graduate since 1966!
- Andy can teach student leadership because he WAS a student leader!

### ANDY'S SPEAKING EXPERIENCE

- Since 1992 Andy has been to over 2000 junior & senior high schools, conferences, universities & colleges in every Canadian province and 38 states!
- Over 40 youth leadership conferences a year are inspired by Andy! He has appeared at all 10 provincial leadership conferences & 34 state conferences!

***Andy has developed dynamic and inspiring presentations that have touched the hearts of thousands of people across Canada and the U.S.***

Through his hilarious comedy and true-life stories, Andy delivers a message that everyone can relate to. His presentations are unique due to his international experience and high-energy style. His message is complemented by his experiences as a leader in high school & university, as a past director of a leadership camp, and his active community involvement.

### ANDY'S Presentation OPTIONS

Conference keynote (For grades 6-12) – "Share your Care"

Andy uses powerful and hilarious stories to highlight the power of the individual to make a difference. He opens with an inspiring piece on using your "recess attitude" to deal with stress in leadership and life. Andy then reminds us that as leaders, "If care is contagious, it has to start with you!" Leaders must be an example of care for others to follow!

*Andy's keynote is 40 to 90 minutes in length, including icebreakers. He will adjust the focus of his presentation to highlight your conference theme and the goals of your group. He has appeared at conferences for SADD, FBLA, 4 H, NHS, Student Council, Peer Helpers, Character Ed, Key Club & Teens against Tobacco*

**September 30, 2005**

*The best part of the Saskatchewan Student Leadership conference was your presentation. It got me so motivated and encouraged me to do better in my life. I used to have such a bad self esteem and when you said "care is contagious, but so is negativity" for the first time, I thought hard about that statement. I wrote it in my agenda and think about your statement almost everyday. It really got me thinking about the way I was perceiving the world around me and the way I was dealing with the situations at hand. I applied it to my life in EVERY way. Since your presentation, I have found a happy medium in my life and encourage myself to be happy, because if I am unhappy and others see how something affects me, that may encourage them to become unhappy. This way I can spread happiness upon everyone I meet. Over the past few months, I have become a better person to not only my family, but society as well. I have found a great group of friends and enjoy everyday. I have a huge soft spot for helping others, and I realize that I do so much for others. I put everyone above myself, with some exceptions.*

*Don't ever quit your job; you never know how many more people you may impact just as much as you impacted me. YOU ARE AWESOME!!*

**Jessica Comaniuk,  
Student Leader,  
Winston Knoll  
Collegiate, Saskatoon,  
Saskatchewan**

## Spirit Sessions for the Youth Conference Audience

Do you need a 15 to 60 minute block of time filled with cheers, large group games, and icebreakers? Andy can easily provide a hilarious session that will get all of your conference participants on their feet to talk, laugh, and cheer!

### Student leadership workshop - "Making Care Contagious"

***How do you get your care, out there?***

***Andy has the answers with the 5 habits to "Make Care Contagious"!***

This 30 to 90 minute "fun"shop offers youth leaders helpful insight on effectively communicating their care for the school to the students and staff. The presentation draws heavily on Andy's years of experience as a student leader and as a speaker traveling the continent. This session is the perfect follow-up to a keynote presentation as it gives student leaders the hands-on tools they can immediately use to build on Andy's messages. There is no maximum number of leaders allowed to participate in the fun shop. Many conferences have had the entire group of delegates (from 200 to 600 leaders) participate!

### Student workshop - "LET'S TALK!" Effective Communication

Get "excited" about your next speaking opportunity! This session draws on Andy's massive speaking experience, ranging from high school pep rallies, university orientation weeks to adult program across North America. He offers hands-on insight on: overcoming "the fear" (and how it is linked to self esteem), putting more "you" into all of your communication, using the "power of the positive", and how to "visualize" your improved speaking performances. Andy's ideas are applicable whether you're communicating with one person or one thousand.

### Teacher Advisor workshop - "Making Care Contagious"

Andy calls himself the teaching profession's #1 fan. This is because of the difference teachers have made in his life, and the fact he is married to a high school teacher. Thus, at a minimum, a teacher program with Andy is an empowering reminder to the adult advisor on the difference they make with youth.

Andy has developed a special version of his "Making Care Contagious" program that is specifically directed towards the needs of Student Activity Advisors. The presentation empowers adult leaders with the tools to teach the 5 Habits of Care to their students. He also shares numerous activities and events that schools can run that support the 5 Habits.

### Teacher Advisor Workshop: Interaction and Icebreakers

Andy has a hilarious and empowering session for advisors that will get the adults at your conference interacting and laughing. Games, contests and cooperation activities make it an excellent first workshop to set a tone of fun and cooperation between the teachers. Teachers can take these icebreaker ideas back to their school for their own use!

**Andy Thibodeau** — Impact! Presentations

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